inclusion at work

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raise awareness, cultivate courage, achieve transformation





Cultural Transformation Keynote Speaker



"The essence of belonging lies not in conformity, but in the audacious and unapologetic revelation of your true, authentic self."







DIVERSITY

INCLUSION

BELONGING







Stands for

Leverage Belonging



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MITTY

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UNIQUENESS/BELONGING



THE TWO DIMENSIONS OF INCLUSION



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At the Intersection of Belonging & Uniqueness



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High Value in Uniqueness

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Harvard Business Review

THE VALUE OF BELONGING AT WORK

by Evan W. Carr, Andrew Reece, Gabriella Rosen Kellerman, and Alexi Robichaux



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The Courage,

Patience,

and the Will to

BELONG.



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ONE WORD STORIES



COME UP WITH ONE WORD THAT DESCRIBES THOSE 5 MOMENTS

BE PREPARED TO SHARE YOUR WORD AND A SUMMARY OF ONE OF YOUR TOP DEFINING MOMENTS IN 60 SECONDS



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What is Diversity?

Diversity

The collection of similarities and differences that we each carry with us, based on:

- Characteristics we are born with •
- (inherent)
- Experiences we have had (acquired) •
- Choices we have made (acquired) •

Dimensions of Diversity ORGANIZATIONAL DIMENSIONS ication Style SECONDARY DIMENSIONS CORE DIMENSIONS Individual elf-Identificatio Collective & Global Context



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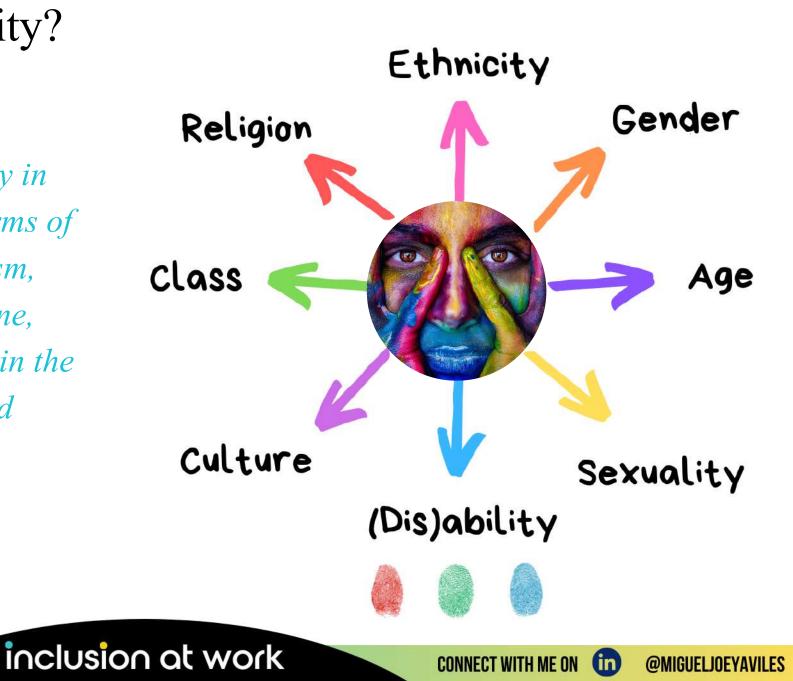


What is Intersectionality?

"The complex, cumulative way in which the effects of multiple forms of discrimination (such as racism, sexism, and classism) combine, overlap, or intersect especially in the experiences of marginalized individuals or groups."

Source: Merriam-Webster

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Group Discussion Guidelines:

- Think about your summary
- Keep time & Share concisely
- Active listening: Capture the essence

BE PREPARED TO SHARE YOUR WORD AND A SUMMARY OF ONE OF YOUR TOP DEFINING MOMENTS IN 60 SECONDS





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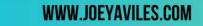
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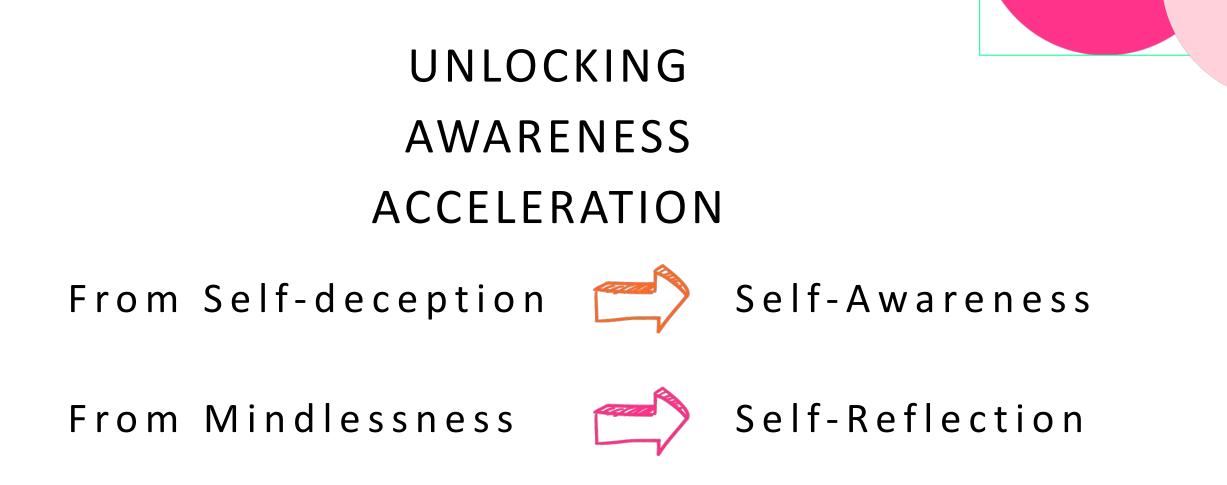
What bridges were built?











From Blaming Others 📂 Self-Compassion

A lack of self awareness is poison. Reflection and review is the antidote.

James Clear - Atomic Habits

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Group Discussion:

- What did you experience during the visualization?
- What factors shaped your perception of what you observed?



Our Life Story Creates Our Biases!

Real-life Scenario

Challenges Faced by a Team: Navigating Workload and Collaboration Issues

- In a bustling global company, a specific team confronts a complex set of challenges impacting their productivity and unity.
- Challenges Explored:
 - Lack of clarity in roles and responsibilities.
 - Lack of clear roles hindering collaboration.
 - Unclear priorities leading to confusion.
 - Team members overwhelmed by an expanding workload.
 - Decreased morale and enthusiasm.
 - Departing talent causing knowledge gaps.
 - Impact on individual well-being and team cohesion.



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5 STYLES OF DEALING WITH CONFLICT



























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OWANTEDADOG MYSISTERWANTEDAPANDA











Why don't we just compromise and do things my way...





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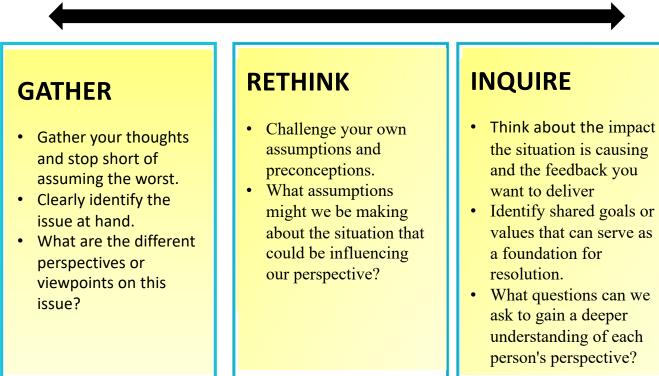


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The GRIT Framework

Embracing Productive Conflict to Increase Collaboration

Internal Work



External Work

TRANSPARENCY

- **1. S**hare Observations
- 2. Talk for Input
- **3.** Acknowledge Impact
- Reinforce Moving Forward: Work to find a solution and a way to move forward - the ULTA way -

TOGETHER

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Real-life Scenario

- You have been asked to join a team leaders' special task force to address the challenges.
- Role Play Assignment: How do you walk through the external part of the GRIT Framework (Take Action)
 - Role A: Team member 1
 - Role B: Team member 2
 - Role C: Observer
- Conversation Starter: "I noticed the following challenges (unity, roles & responsibilities, silos, workload, etc) particularly..."



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ANSPARENCY

Share observations

"I have noticed..." "From my perspective, it seems that..."

Talk for input

"I'd like to hear your thoughts on this..." "What's your perspective on the situation?"

Acknowledge impact

"It's important to recognize that this situation is affecting..."

"Let's discuss the impact this challenge is having on..."

Reinforce Moving Forward TOGETHER

"Let's work together to find a solution..." "How can we collaborate to overcome this challenge?"

"What lessons can we take from this experience?"





CONFLICT GROUP DISCUSSION



WHAT INSIGHTS CAN WE EXTRACT ABOUT CONFLICT AND COLLABORATION?



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Stands for

Integrate Well-being & Workload

- **E**



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Toolkit

EA

STAY ACTIVE!

to Integrate



Wellbeing & Workload

i honor my boundaries

STAY CONNECTED

INTEGRATING WELL-BEING & WORKLOAD



HOW CAN HARMONIZING WELL-BEING AND WORKLOAD BOOST PRODUCTIVITY, NURTURE GROWTH, AND BUILD LASTING SUCCESS?



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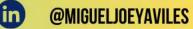


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Elevate Each Other

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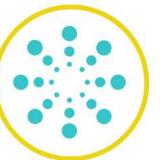
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inclusion at work MAKES YOU FEEL

Accelerate Awareness



Leverage Belonging



Integrate Well-being & Workload



Value Conflict

Elevate Each Other



As WE Embrace

inclusion at work

Let's Not Forget WE ARE ALIVE



Share Some LOVE!

To Access ALL resources including a full copy of the presentation

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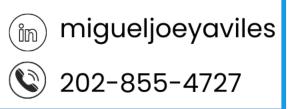
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Let's Connect





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