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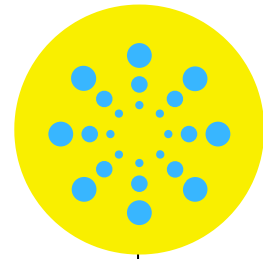
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Accelerate Awareness

- A Lack of self-awareness is poison. Reflection and review are the antidotes.
- How would you rate your self-awareness?
- What actions are you taking to enhance it?
- Courageous question ask. Where do you stand emotionally, mentally, and physically?



Leverage Belonging

- Create space for storytelling.
- Embed storytelling during team meetings, interactions with customers, peers, subordinates, or even leadership.
- Schedule storytelling time during large-group check-ins, small-group breakout sessions, and one-on-one meetings.



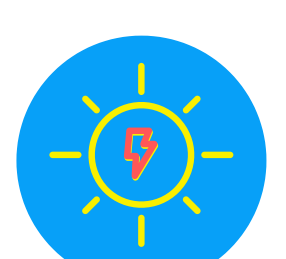
Instill Gratefulness

- Top performers have a superpower: Happiness
- Measure happiness and gratefulness
- Start your gratefulness practice today:
- Gratitude Visit
- Three Good Things
- Using Signature Strengths in a New Way



Value Vulnerability

- To become fluent-in-human, get comfortable with vulnerability.
- Pause to listen to feelings and core concerns.
- Make time to connect through micro-exchanges
- Shift mindset about work.
- Show humility and model vulnerability



Elevate and Empower

- The last pillar is a challenge to answer the call to elevate and empower others.
- Times of crisis demand a collective impact approach:
- Common agenda
- Shared measurement systems
- Mutually reinforcing competencies
- Continuous communication
- Backbone organization